



F'REAL

007513 - Blend & Serve Oreo Cookies & Cream

f'real frozen beverages are prepared using the f'real blender and provide the consumer with the fresh milkshake, smoothie and cappuccino experience as part of an easy to use self serve program.



Nutrition Facts

Servings per Container 12
Serving size 16FLOz(474mL)

Amount per serving
Calories 620

	% Daily Value*
Total Fat 20g	26%
Saturated Fat 11g	55%
Trans Fat 0.5g	
Cholesterol 50mg	17%
Sodium 180mg	8%
Total Carbohydrate 98g	36%
Dietary Fiber 1g	4%
Total Sugars 65g	
Includes 50g Added Sugar	100%
Protein 12g	
Vitamin D 1mcg	5%
Calcium 400mg	31%
Iron 1mg	6%
Potassium 514mg	11%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

MILK, CREAM, BUTTERMILK, CORN SYRUP, OREO COOKIE PIECES (UNBLEACHED ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE {VITAMIN B1}, RIBOFLAVIN {VITAMIN B2}, FOLIC ACID], SUGAR, PALM AND/OR CANOLA OIL, COCOA PROCESSED WITH ALKALI, INVERT SUGAR, LEAVENING [BAKING SODA AND/OR CALCIUM PHOSPHATE], SOY LECITHIN, SALT, CHOCOLATE, NATURAL FLAVOR), SUGAR, SKIM MILK, WATER, MONO & DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS, GUAR GUM, CARRAGEENAN.

⚠ Allergens

Contains:

milk soy wheat

May Contain:

eggs peanuts tree nuts

Handling Suggestions

Keep Frozen

Serving Suggestions

f'real milkshakes are all made from real ingredients and are freshly blended by consumers in our patented blender. In addition to our seven core flavors, we offer a few limited edition flavors each year.

Prep & Cooking Suggestions

Remove lid and place in a f'real blender and select desired thickness; the blender does the rest. (The f'real blender is required to properly prepare this beverage.)

📄 Product Specifications

Brand	Manufacturer	Product Category
F'REAL	F'Real! Foods, LLC	Drinks, Ready to Use

MFG #	SPC #	GTIN	Pack	Pack Desc.
80081	007513	00813993001349	12	12 / 10.0 OZA

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
9.4lb	8.5lb	No	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16in	12in	5.18in	0.58ft3	10x12	540DAYS	-20°F / 0°F



F'REAL

007513 - Blend & Serve Oreo Cookies & Cream

f'real frozen beverages are prepared using the f'real blender and provide the consumer with the fresh milkshake, smoothie and cappuccino experience as part of an easy to use self serve program.



Nutrition Analysis - By Serving

Calories	620	Total Fat	20g	Sodium	180mg
Protein	12	Trans Fats	0.5g	Calcium	400mg
Total Carbohydrates...	98g	Saturated Fat	11g	Iron	1mg
Sugars	65g	Added Sugars	50g	Potassium	514mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	50mg		
Vitamin A(IU)•	185	Vitamin D	1mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	1mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

