



F'REAL

007514 - Blend & Serve Vanilla Shake

f'real frozen beverages are prepared using the f'real blender and provide the consumer with the fresh milkshake, smoothie and cappuccino experience as part of an easy to use self serve program.



* Benefits

Nutrition Facts

Servings per Container **12**
Serving size **1CUP-16floz(474mL)**

Amount per serving
Calories 550

	% Daily Value*
Total Fat 17g	23%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 200mg	9%
Total Carbohydrate 88g	32%
Dietary Fiber 0g	0%
Total Sugars 61g	
Includes 44g Added Sugar	88%
Protein 12g	
Vitamin D 1 mcg	5%
Calcium 425mg	33%
Iron 0mg	0%
Potassium 524mg	11%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

MILK, CREAM, BUTTERMILK, CORN SYRUP, SUGAR, SKIM MILK, WATER, NATURAL AND ARTIFICIAL VANILLA FLAVORS, MONO & DIGLYCERIDES, GUAR GUM, CARRAGEENAN.

Allergens

Contains:



May Contain:



wheat

Handling Suggestions

Keep Frozen

Product Specifications

Brand	Manufacturer	Product Category
F'REAL	F'Real! Foods, LLC	Drinks, Ready to Use

MFG #	SPC #	GTIN	Pack	Pack Desc.
80036	007514	00813993000120	12	12 / 10.0 OZA

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
9.4lb	8.5lb	No	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16in	12in	5.6in	0.62ft3	10x12	540DAYS	-20°F / 0°F

Serving Suggestions

f'real milkshakes are all made from real ingredients and are freshly blended by consumers in our patented blender. In addition to our seven core flavors, we offer a few limited edition flavors each year.

Prep & Cooking Suggestions

Remove lid and place in a f'real blender and select desired thickness; the blender does the rest. (The f'real blender is required to properly prepare this beverage.)



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Nutrition Analysis - By Serving

Calories	550	Total Fat	17g	Sodium	200mg
Protein	12	Trans Fats	0g	Calcium	425mg
Total Carbohydrates...	88g	Saturated Fat	10g	Iron	0mg
Sugars	61g	Added Sugars	44g	Potassium	524mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	55mg		
Vitamin A(U)	202	Vitamin D	1mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	1mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

