



STARKIST

007639 - Tuna Chunk Light In Water

The StarKist Labor Saver Pouch produces 100% yield with no draining needed. Each hand-packed pouch locks in premium, fresh tuna flavor with less liquid, leading to consistent recipe performance and a more efficient use of storage space. It is perfect on salads, sandwiches or used as a substitute for beef or chicken in your favorite recipes.



Nutrition Facts

Servings per Container 14
Serving size 3oz(85g-about 1/3cup)

Amount per serving
Calories 80

	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 340mg	15%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 19g	
Vitamin D 1 mcg	5%
Calcium 0mg	0%
Iron 0.8mg	4%
Potassium 240mg	5%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

INGREDIENTS: LIGHT TUNA, WATER, VEGETABLE BROTH, SALT.

⚠ Allergens

Contains:



Free From:



Handling Suggestions

Ambient

Serving Suggestions

Prep & Cooking Suggestions

Ready to Eat

📄 Product Specifications

Brand	Manufacturer	Product Category
STARKIST	Starkist Seafood	Fish, Value Added & Further Processed

MFG #	SPC #	GTIN	Pack	Pack Desc.
22120	007639	10080000221206	6	6 / cs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
17.9lb	17.9lb	No	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18.38in	12.25in	3.25in	731.55INQ	8x14	1080DAYS	30°F / 110°F



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Nutrition Analysis - By Serving

Calories	80	Total Fat	0.5g	Sodium	340mg
Protein	19	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	0g	Iron	0.8mg
Sugars	0g	Added Sugars	0g	Potassium	240mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	40mg		
Vitamin A(IU)	0	Vitamin D	1mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

