



**BERNARDI**  
**007932 - Pasta Cheese Stuffed Shells**

This cheese stuffed shell is ready-to-cook with a filling of ricotta, mozzarella, and Parmesan cheeses. Made with an egg-rich pasta, this product has an al dente texture and filling has a creamy texture. This stuffed pasta has a high filling-to-pasta ratio and easy portion control with versatile saucing options.



**Nutrition Facts**

Servings per Container 48  
Serving size 2pcs (128g)

Amount per serving  
**Calories 230**

	% Daily Value*
<b>Total Fat</b> 9g	<b>12%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 40mg	<b>13%</b>
<b>Sodium</b> 450mg	<b>20%</b>
<b>Total Carbohydrate</b> 25g	<b>9%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 4g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 11g	
Vitamin D 0mcg	<b>0%</b>
Calcium 190mg	<b>15%</b>
Iron 1.1mg	<b>6%</b>
Potassium 200mg	<b>4%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

Ingredients

Ricotta Cheese (Milk, Vinegar, Salt, Carrageenan), Water, Enriched Semolina Flour (Durum Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Mozzarella Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Parmesan Cheese (Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes), Contains Less Than 2% of: Eggs, Dehydrated Garlic, Modified Food Starch, Spices, Salt. CONTAINS: MILK, WHEAT, EGG

⚠ Allergens

**Contains:**

eggs milk wheat

**Free From:**

crustaceans mollusks fish  
peanuts sesame soy tree nuts

Handling Suggestions

Store product for no longer than 545 days after production at a temperature between -10 and 0 degrees.

Serving Suggestions

Stuffed shells are a great way to bring a little taste of Italy to your menu. Our hand filled shells have a homemade appeal. Serve with marinara or add chorizo sausage for a spicy alternative.

Prep & Cooking Suggestions

FOR BEST QUALITY AND FOOD SAFETY FOLLOW THESE COOKING INSTRUCTIONS. KEEP FROZEN UNTIL READY TO USE. ALL FOOD SHOULD BE COOKED TO AN INTERNAL TEMPERATURE OF 160F.  
CONVENTIONAL OVEN: Place 16 frozen shells seam side down in a half steam table pan that has been sprayed with nonstick cooking spray. Distribute 4 Tbsp. water over shells. Cover pan tightly with lid or foil. Bake in a preheated 425F conventional oven for 55 minutes. Carefully remove lid or foil.

✍ Product Specifications

Brand	Manufacturer
BERNARDI	Windsor Foods (Specialty Brands)

MFG #	SPC #	GTIN	Pack	Pack Desc.
74799	007932	10072883747997	3	3 / 4.5 LBR

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
15lb	13.5lb	No	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.56in	10.25in	7.63in	0.61ft3	14x8	545DAYS	-10°F / 0°F



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Nutrition Analysis - By Serving

Calories	230	Total Fat	9g	Sodium	450mg
Protein	11	Trans Fats	0g	Calcium	190mg
Total Carbohydrates...	25g	Saturated Fat	6g	Iron	1.1mg
Sugars	4g	Added Sugars	0g	Potassium	200mg
Dietary Fiber	1g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	40mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

 Additional Images

