



LA BANDERITA

# 014974 - Tortilla 12" Whole Wheat Pressed

Taste the Tradition. La Banderita products have been created to deliver made-at-home experience to our consumer. Using traditional Mexican recipes passed down for generations.



## Nutrition Facts

Servings per Container 12  
Serving size 1TORTILLA (103g)

Amount per serving  
**Calories 310**

	% Daily Value*
<b>Total Fat</b> 9g	<b>12%</b>
Saturated Fat 4g	20%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 460mg	<b>20%</b>
<b>Total Carbohydrate</b> 49g	<b>18%</b>
Dietary Fiber 6g	21%
Total Sugars 1g	
Includes 0g Added Sugar	0%
<b>Protein</b> 7g	
Vitamin D 0mcg	0%
Calcium 127mg	10%
Iron 2mg	11%
Potassium 105mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

TORTILLAS

#### Ingredients

WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, VEGETABLE SHORTENING (CONTAINS ONE OR MORE OF THE FOLLOWING: PALM OIL AND/OR CORN OIL), CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, ALUMINUM-FREE LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, MONOCALCIUM PHOSPHATE), WHEAT PROTEIN, PRESERVATIVES (CALCIUM PROPIONATE, SORBIC ACID), DOUGH CONDITIONER (FUMARIC ACID, XANTHAN GUM, MONO- AND DIGLYCERIDES, SODIUM METABISULPHITE).

#### Allergens

##### Contains:

wheat

##### Free From:

crustaceans eggs fish milk  
 peanuts soy tree nuts

### Handling Suggestions

AMBIENT

### Serving Suggestions

TACOS, FLAUTAS, BURRITOS

### Prep & Cooking Suggestions

HEAT\_AND\_SERVE

### Product Specifications

Brand	Manufacturer	Product Category
LA BANDERITA	Ole Mexican Foods	Tortillas & Wraps

MFG #	SPC #	GTIN	Pack	Pack Desc.
27326	014974	60027331027324	6	6 / cs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
17.43lb	15.87lb	No	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.13in	13.06in	6.88in	0.68ft3	9x9	69DAYS	50°F / 120°F



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## Nutrition Analysis - By Serving

Calories	310	Total Fat	9g	Sodium	460mg
Protein	7	Trans Fats	0g	Calcium	127mg
Total Carbohydrates...	49g	Saturated Fat	4g	Iron	2mg
Sugars	1g	Added Sugars	0g	Potassium	105mg
Dietary Fiber	6g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

