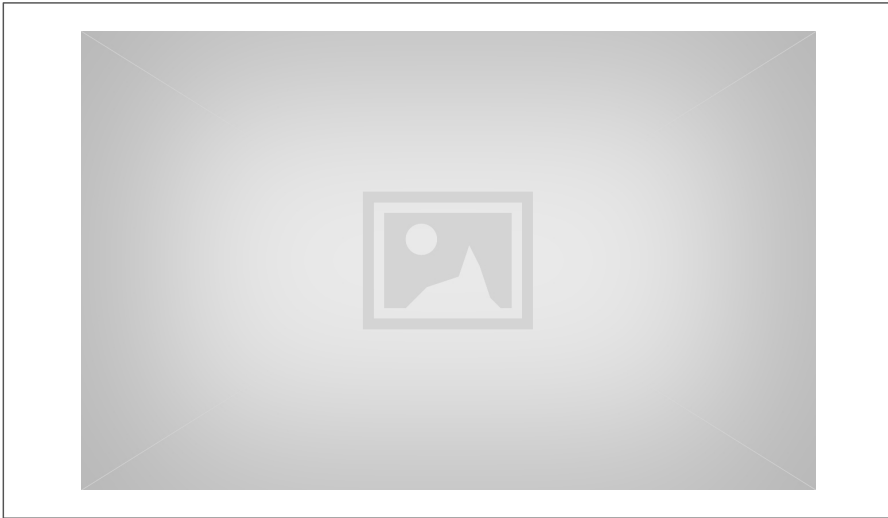




Shamrock Foods Company

015642 - Milk 1% Low Fat 7 Oz Bottle 192416

Shamrock Farms Lowfat Milk is pure, fresh and nutritious with no added hormones. Through rigorous purity testing, cold packaging and shipping, we make sure it arrives from our family of local farms to you fresher, faster and tastier. The result is pure, wholesome, delicious milk.



Nutrition Facts

Serving Size: 207 Millilitre

Number of Servings per 12

Amount Per Serving

Calories: 110

Calories from Fat: 20

% Daily Value*

Total Fat 2 g 3%

Saturated Fat 1.5 g 7%

Trans Fat 0 g

Cholesterol 10 mg 4%

Sodium 140 mg 6%

Total Carbohydrate 14 g 5%

Dietary Fiber 0 g %

Sugars 13 g %

Protein 9 g %

Vitamin A Per Srv 8% **Vitamin C** Per Srv 4%

Calcium 35% **Iron** %

*Percent DailyValues are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than		
Sat. Fat	Less than		
Cholesterol	Less than		
Sodium	Less than		
Total Carbohydrate			
Dietary Fiber			

Calories per gram		
Fat	Carbohydrate	Protein

* Benefits

Shamrock Farms 1% Lowfat Milk is rBST Free Guaranteed. Pack size is 24/7 oz and a shelf life of 105 days.

Ingredients

Lowfat Milk with Vitamins A & D

Allergens

Contains:



Handling Suggestions

Keep refrigerated. Do not freeze.

Serving Suggestions

Ready to drink from the bottle or pour it over cereal for a quick meal!

Prep & Cooking Suggestions

Ready to drink directly from the container.

Product Specifications

Brand	Manufacturer	Product Category
SHAMROCK	Shamrock Foods Company	Milk, White & Flavored

MFG #	SPC #	GTIN	Pack	Pack Desc.
192416	015642	00028300550537		12 x 7 OZ / CS

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
6.42 lb	5.74 LB	No	USA		

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
9.5 in	7 in	5.6 in	0.22 FT3	26x10	105 DAYS	36°f / 39°f



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Nutrition Analysis

Calories	110 D70	Total Fat	2 g	Sodium	140 mg
Protein	9 g	Trans Fats	0 g	Calcium	
Total Carbohydrates...	14 g	Saturated Fat	1.5 g	Iron	
Sugars	13 g	Polyunsaturated Fat		Potassium	450 mg
Dietary Fiber		Monounsaturated Fat		Zinc	
Lactose		Cholesterol	10 mg	Phosphorus	
Sucrose					
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

