



**AQUASTAR**

# 050404 - Calamari Steaks Raw lqf 4 6 Oz lqf

Labor saving, consistent sizing, versatile in menu applications. Premium Wild caught Jumbo Squid. Frozen, raw, squid steaks, individually quick frozen and glazed to protect from dehydration. Steaks are cut from tube section.



### \* Benefits

## Nutrition Facts

Servings per Container 120  
Serving size 4ozs (113g)

Amount per serving  
**Calories 100**

	% Daily Value*
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 265mg	<b>88%</b>
<b>Sodium</b> 50mg	<b>2%</b>
<b>Total Carbohydrate</b> 3g	<b>1%</b>
Dietary Fiber	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 18g	
Vitamin D 0mcg	<b>0%</b>
Calcium 36mg	<b>3%</b>
Iron 1mg	<b>6%</b>
Potassium 287mg	<b>6%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

Ingredients: Squid, Citric acid, Sodium Citrates, Salt.

### ⚠ Allergens

**Contains:**

mollusks

**Free From:**

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Keep frozen at 0 deg F (-18 deg C) until ready to use. After thawing do not refreeze.

### Serving Suggestions

Great when served as an appetizer or entree. Serve warm or chilled. Works great for Salads, pastas, rice bowls, and an alternative protein for pork or chicken.

### Prep & Cooking Suggestions

Grill, Saute, Marinate, can be cooked a number of ways

### 📄 Product Specifications

Brand	Manufacturer
AQUASTAR	Aqua Star

MFG #	SPC #	GTIN	Pack	Pack Desc.
1906151	050404	10731149910161	6	6 / 5.0 LBR

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
38lb	30lb	No	CHN		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18.11in	12.67in	11.22in	1.49ft3	8x4	900DAYS	-10°F / 0°F



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Nutrition Analysis - By Serving

Calories	100	Total Fat	1.5g	Sodium	50mg
Protein	18	Trans Fats	0g	Calcium	36mg
Total Carbohydrates...	3g	Saturated Fat	0g	Iron	1mg
Sugars	0g	Added Sugars	0g	Potassium	287mg
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	265mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

