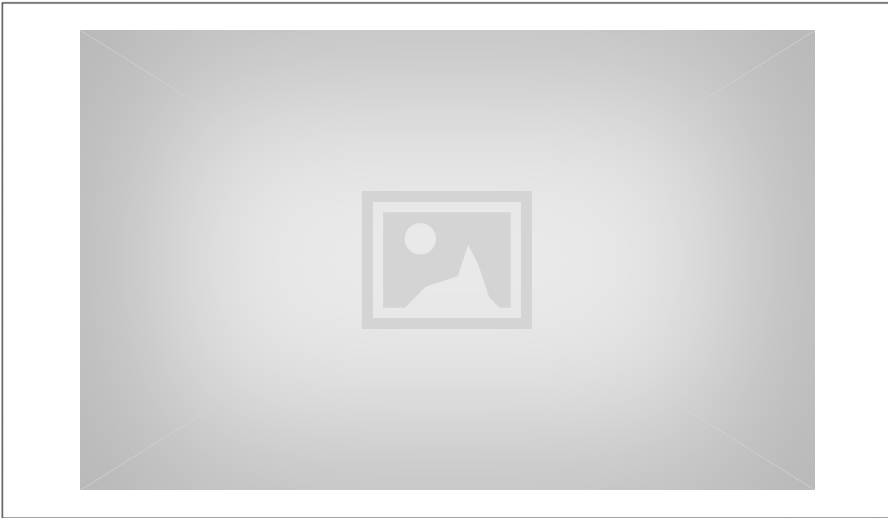




CENSEA

050495 - Basa Frz 5 7 Oz Iqf Fillet Swai Pan

CenSea: Importers of quality seafood for nearly 60 years.



Nutrition Facts

Servings per Container 28
Serving size Approx 1pc (4oz)

Amount per serving
Calories 50

	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 160mg	7%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes Added Sugar	%
Protein 11g	
Vitamin D	%
Calcium	0%
Iron	4%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

PANGASIUS, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE)

⚠ Allergens

Contains:



Free From:



Handling Suggestions

Keep frozen. Do not refreeze.

Serving Suggestions

Serve with your favorite cocktail sauce, with pasta, or in a salad.

Prep & Cooking Suggestions

Cook thoroughly after thawing. Product is not meant to be consumed raw.

📄 Product Specifications

Brand	Manufacturer	Product Category
CENSEA	Censea Co	Fish, Commodity

MFG #	SPC #	GTIN	Pack	Pack Desc.
11239	050495	10070041300077	5	5 / 1 / cs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
17lb	15lb	No	VNM		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.5in	10.5in	6.5in	0.61ft3	10x11	720DAYS	-10°F / 0°F



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Nutrition Analysis - By Serving

Calories	50	Total Fat	1g	Sodium	160mg
Protein	11	Trans Fats	0g	Calcium	
Total Carbohydrates...	0g	Saturated Fat	0g	Iron	
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20mg		
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

