

KOCH FOODS

052098 - Chicken Frz Breast 6 Oz



Fork tender, natural fall breast fillets are cut from small birds to ensure "no tough or stringy breast". Computer sized for accuracy and portion and cost control, 100% usable chicken, no additional prep or waste. The perfect fit across the lunch, dinner or snack menu. Helps eliminate many food safety concerns associated with portioning chicken back-of-the-house



Benefits

Ingredients	▲ Allergens
Natural boneless, skinless chicken breast	

Nutrition Facts

Servings per Container 1PIECE (170g) Serving size

Amount per serving

Calories

193.8

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	% Daily Value*
Total Fat 4.05g	%
Saturated Fat 1.22g	6%
Trans Fat 0.1g	
Cholesterol 108.8mg	36%
Sodium 110.5mg	5%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes Added Sugar	- %
Protein 37.96g	
Vitamin D 0.17mcg	1%
Calcium 8.5mg	1%
Iron 0.63mg	4%
Potassium 629mg	13%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Store refrigerated 28-34 degrees

Serving Suggestions

Sandwiches, center of the plate entree, salad topper. Grill, broil, bake, saute, bread and fry fried

Prep & Cooking Suggestions

Ingredient chicken - Cook according to the food code and/or local regulations.

Product Specifications

Brand	Manufacturer	Product Category
KOCH FOODS	Koch Foods Incorporated	Chicken Breast

MFG #	SPC #	GTIN	Pack	Pack Desc.
421061	052098	00781439210610	2	2 / 6.5 ONZ

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
21.3lb	20lb	No	USA		No

Shipping Information							
Length Width Height			Volume	TIxHI	Shelf Life	Storage Temp From/To	
17.25in	9.75in	5.75in	0.56ft3	10x10	19DAYS	28°F / 34°F	





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Nutrition Analysis - By Serving

Calories	193.8	Total Fat	4.05g	Sodium	110.5mg
Protein	37.96	Trans Fats	0.1g	Calcium	8.5mg
Total Carbohydrates	0g	Saturated Fat	1.22g	Iron	0.63mg
Sugars	0g	Added Sugars		Potassium	629mg
Dietary Fiber	0g	Polyunsaturated Fat	0.87g	Zinc	0.99
Lactose		Monounsaturated Fat	1.63g	Phosphorus	
Sucrose		Cholesterol	108.8mg		
Vitamin A(IU)•	51	Vitamin D	0.17mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	2.04mg	Folate	6.8mg	Riboflavin	0.17mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images









