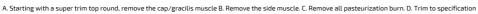


SWIFT 052257 - Beef Frs Ins Top Round Ch C/O Angus



The gracilis muscle will be removed The loose side muscle will be removed along the second seam toward the center of the inside. The face will be blocked, removing the pop-it muscle, making it smooth and free of ragged edges. The fat cover will be trimmed down to the blue with only flake fat remaining



		Nutrition Facts Servings per Container Serving size SingleServing (4oz)		
		Amount per serving Calories	190	
A COLORIS		% Daily Valu		
		Total Fat 9g	14%	
		Saturated Fat 3.5g	18%	
		<i>Trans</i> Fat 0g		
		Cholesterol 75mg	25%	
★ Benefits		Sodium 65mg	3%	
		Total Carbohydrate 0g	0%	
		Dietary Fiber 0g	0%	
		Total Sugars 0g		
		Includes 0g Added Sugar	0%	
Ingredients	🔺 Allergens	Protein 250g		
		Vitamin D 0mcg	0%	
Beef	Free From:	Calcium 0mg	0%	
	crustaceans O eggs of fish (f) milk	Iron 0mg	0%	
	🕥 peanuts 🛞 soy 💮 tree nuts 鐌 wheat	Potassium 0mg	0%	
		* The % Daily Value (DV) tells you how muc a serving of food contributes to a daily diet. a day is used for general nutrition advice.		

Handling Suggestions

Vacuum Bag: Standard Shrink 13 W X 20 L Bag Brand: Swift Black Angus Graded Bag: USDA Select Special Packaging Instructions: 1. The safe handling statement and establishment bug must be preprinted on all bags.

Serving Suggestions

4oz

Prep & Cooking Suggestions

Grill

Product Specifications

Bra	and			Manufacturer		Product Category			
SWIFT		J	JBS USA, LLC - Beef		Beef				
MFG # SP		PC #	GTIN		Р	ack	Pack Desc.		
41688	3	05	2257	90076	338416	885	4		4 / 1 / 1 cs
Gross We	ight	Net \	Veight	Catch Weigl	nt Cou	ntry of C	Drigin	Koshe	er Child Nutrition
48lb		4	8lb	Yes		USA			No
Shipping Information									
Length	Wi	dth	Height	Volume	TIxHI	Shelf	Life	Storag	ge Temp From/To
23.63in	15.8	88in	9.13in	1.98ft3	5x7	35DA	AYS		28°F / 38°F

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Syndigo





A. Starting with a super trim top round, remove the cap/gracilis muscle B. Remove the side muscle. C. Remove all pasteurization burn. D. Trim to specification The gracilis muscle will be removed The loose side muscle will be removed along the second seam toward the center of the inside. The face will be blocked, removing the pop-it muscle, making it smooth and free of ragged edges. The fat cover will be trimmed down to the blue with only flake fat remaining

Nutrition Analysis - By Serving

Calories	190	Total Fat	9g	Sodium	65mg
Protein	250	Trans Fats	Og	Calcium	0mg
Total Carbohydrates…	Og	Saturated Fat	3.5g	Iron	0mg
Sugars	Og	Added Sugars	Og	Potassium	0mg
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	0
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	75mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

