



SWIFT

053208 - Beef Frs Pectoral Choice Bnls

CARCASS SELECTION Cattle Type: Mixed Steers &/Or Heifers Under 30 Months of Age Grade: USDA Choice or Higher Born, Raised, and Harvested in the USA



* Benefits

Nutrition Facts

Servings per Container 312
Serving size 4ozs

Amount per serving
Calories 250

	% Daily Value*
Total Fat 20g	31%
Saturated Fat 8.3g	42%
Trans Fat 1.2g	
Cholesterol 109.3mg	36%
Sodium 73.3mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 14mg	1%
Iron 3mg	17%
Potassium 309mg	7%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Beef

Allergens

Free From:

- crustaceans
- shellfish
- mollusks
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

PACKAGING INFORMATION Vacuum Bag: Low Temperature 13 W X 26 L Bag Brand: Swift Graded Bag: Ungraded

Serving Suggestions

4 oz

Prep & Cooking Suggestions

A. Peel the pectoral from the chuck with a cut along the natural seam. B. Trim the heavy part of the silver membrane from the edge of the pectoral opposite the chuck/arm break. C. Trim the fat from both sides of the pectoral. D. Trim any scores greater than specification to specification. Finished Product Trimming A. The pectoral will be free of the heavy membranous tissue laying along the edge opposite the chuck/arm break. B. The pectoral will be 95% free of fat leaving only flake fat. Flake fat is defined as an area less than 1 square inch x .1 inch deep. C. The pectoral will be triangular, rectangular or square in shape. D. Scores will not exceed 1/2 inch deep by 3 inches long. E. Pectoral will be at least 3 inches by 3 inches.

Product Specifications

Brand	Manufacturer	Product Category
SWIFT	JBS USA, LLC - Beef	Beef, Thin Meats

MFG #	SPC #	GTIN	Pack	Pack Desc.
21420	053208	90076338214207	4	4 / 24 / 24 cs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
78lb	78lb	Yes	USA		No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23.63in	15.88in	9.13in	1.98ft3	5x7	42DAYS	28°F / 38°F



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Nutrition Analysis - By Serving

Calories	250	Total Fat	20g	Sodium	73.3mg
Protein	0	Trans Fats	1.2g	Calcium	14mg
Total Carbohydrates...	0g	Saturated Fat	8.3g	Iron	3mg
Sugars	0g	Added Sugars	0g	Potassium	309mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	109.3mg		
Vitamin A(IU)	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

